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Cosmetica Casera (Spanish Edition)



Synopsis

Hasta un total de 150 recetas caseras para limpiar, hidratar, desintoxicar y cuidar la cara, el cuerpo y el cabello, saludables, economicas y muy eficaces. Annie Strole, experta en belleza natural, llega con un completísimo tratado de cosmetica casera que nos ensena a fabricar productos de belleza y cuidado diario a partir de ingredientes totalmente naturales, libres de perjudiciales sulfatos, parabenos y minerales. Siguiendo sencillas instrucciones, el lector aprendera a crear sus propios cosmeticos personalizados con ingredientes de uso cotidiano. Sea cual sea su edad, tipo de piel o problematica especifica, hay recetas para todas las necesidades. Es la cosmetica mas natural, facil y divertida. Y los resultados? Espectaculares. / This book is a beautifully packaged collection of 150 all-natural skin, hair and body care recipes. From turning blueberries into a lush detoxifying mask to fresh lemongrass into a non-toxic bug repellent,Â Homemade BeautyÂ takes the ubiquitous eat-local, farm-to-table concept and brings it to the beauty category.

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